

TOWN OF HARRINGTON BAY RECREATION AND LEISURE PROGRAM GUIDE - FALL 2025

Registration for fall programs opens Monday, August 25 at 9:00 AM online and at the recreation office in the arena lobby. Residents receive a twenty percent discount. Financial assistance through the Everybody Plays fund is available confidentially to any family; ask staff for a form. Programs run from mid-September to early December.

AQUATICS

Learn to Swim lessons follow the Lifesaving Society levels from Parent and Tot through Swimmer 6, Saturdays at the outdoor pool while the season lasts and then at the regional pool. Adult lane swim runs Tuesday and Thursday evenings. Aquafit, a low-impact class in the shallow end, meets Monday, Wednesday, and Friday mornings and is popular with seniors.

SKATING AND HOCKEY

The arena opens for the season on September 15. Public skating is free on Sunday afternoons, sponsored by the Lions Club. Learn to Skate, for ages three and up, runs Saturday mornings. Minor hockey registration is handled by the Harrington Bay Minor Hockey Association; adult recreational hockey has Thursday night ice available to rent.

FITNESS AND WELLNESS

Yoga for all levels meets Tuesday evenings in the community hall. A new Strong and Steady class focuses on balance and fall prevention for older adults, Wednesday morning. Pickleball drop-in continues on the arena floor Monday and Friday, with paddles provided for newcomers.

CHILDREN AND YOUTH

After-school Adventure Club, for grades one to six, offers crafts, games, and outdoor play until 5:30 PM on school days. March break and summer day camps are announced separately. A youth drop-in for grades seven to nine runs Friday evenings in the meeting room with a games console, gym time, and snacks.

ARTS AND CULTURE

The Harrington Bay Community Choir welcomes new singers, no audition required, Monday evenings. A watercolour painting workshop runs for six weeks on Wednesday afternoons. Space is limited to twelve, so register early.

HOW TO REGISTER

Register online, by phone, or in person. Full refunds are available up to one week before a program begins. Programs with fewer than the minimum enrolment may be cancelled, with a full refund. Questions? Contact the recreation office during business hours.